



$$(\mathcal{E} \equiv E - mc^2)$$

$$- \frac{c^2}{2mc^2 + \mathcal{E} - V} \approx \frac{1}{2m} \left( 1 - \frac{\mathcal{E} - V}{2mc^2} \right)$$

$$- (\vec{\sigma} \cdot \vec{A})(\vec{\sigma} \cdot \vec{B}) \equiv \vec{A} \cdot \vec{B} + i \vec{\sigma} \cdot (\vec{A} \times \vec{B})$$

$$\begin{aligned} &= (\vec{\sigma} \cdot \vec{p}) f(r) (\vec{\sigma} \cdot \vec{p}) = \\ &= f(r) (\vec{\sigma} \cdot \vec{p})(\vec{\sigma} \cdot \vec{p}) - i \hbar r f'(r) (\vec{\sigma} \cdot \vec{p})(\vec{\sigma} \cdot \vec{p}) = \\ &= f(r) p^2 - i \hbar \frac{f'(r)}{r} (\vec{r} \cdot \vec{p} + i \vec{\sigma} \cdot (\vec{r} \times \vec{p})) \end{aligned}$$

$$\text{with } f(r) = \frac{1}{2m} \left( 1 - \frac{\mathcal{E} - V(r)}{2mc^2} \right)$$

$$\hbar \vec{\sigma} \equiv 2\vec{S}; \quad \vec{r} \times \vec{p} = \vec{L}$$

definition of quantity with dimension of  $\hbar$  (ang. mom.)

$\Rightarrow$  call "spin"

$\vec{S}^{\pm}$ : single  $\pm$   
 $\vec{S}_z$ : alle  $\pm$

Why factor of 2?

$\hookrightarrow$  such that  $\vec{S}$  spin commutation relations can be satisfied

$\hookrightarrow$  there are (at least) 2 spin components  $\Rightarrow$

$$2s + 1 \stackrel{!}{=} 2$$

$$\left[ \left( 1 - \frac{\mathcal{E} - V(r)}{2mc^2} \right) \frac{p^2}{2m} - i \hbar \frac{1}{4m^2 c^2} \frac{V'(r)}{r} (\vec{r} \cdot \vec{p}) + \frac{1}{2m^2 c^2} \frac{V'(r)}{r} \vec{S} \cdot \vec{L} \right] \psi_+ = (\mathcal{E} - V(r)) \psi_+$$

$$\text{with } \mathcal{E} - V(r) \approx \frac{p^2}{2m}$$

higher spins?  
 $\Rightarrow \begin{pmatrix} 0 & \vec{\sigma} \\ \vec{\sigma} & 0 \end{pmatrix}$  for higher-dim. Paulis

=>

$$H = \frac{p^2}{2m} - \frac{p^4}{8m^2c^2} + V(r) + H_{LS} + H_D$$

two lowest terms of  $\sqrt{p^2c^2 + m^2c^4} - mc^2$

$H_D$ : "Darwin term"

$i \frac{v'}{r} \vec{r} \cdot \vec{p}$  not hermitian (because  $\psi^\dagger - \psi$  coupling neglected)  $\Rightarrow$  symmetrize (Darwin)

coupling neglected)  $\Rightarrow$  symmetrize (Darwin)

$$i \frac{v'}{r} \vec{r} \cdot \vec{p} \psi \rightarrow \frac{1}{2} \left( i \frac{v'}{r} \vec{r} \cdot \vec{p} - i \vec{p} \cdot \vec{r} \frac{v'}{r} \right) \psi$$

$$= -\hbar \psi \nabla^2 V(r)$$

$$\Rightarrow H_D = \frac{\hbar^2}{8m^2c^2} \nabla^2 V(r) = \frac{\pi \hbar^2 Z e^2}{2 m^2 c^2 (4\pi\epsilon_0)} \delta^3(\vec{r})$$

↑  
square  $V(r)$

↑  
Coulomb pot.

Remarks: ① only relevant for  $l=0$

② interpretation: Uncertainty of  $V(r)$ :  $\Delta V$

$$\Delta V \approx \nabla^2 V \langle \delta r_i \rangle \langle \delta r_i \rangle \approx \frac{1}{8} \lambda_c^2 \nabla^2 V$$

$$\lambda_c = \frac{\hbar}{mc} (= \alpha a_0) \text{ "Compton wavelength"}$$

$\rightarrow$  Compton wavelength uncertainty



"Zitterbewegung" - q. fluct's  $\hat{=}$  interactions of  $e^-$  w/ virtual  $e^-$ -hole pairs.

$$H_{LS} = \frac{1}{2m^2c^2} \frac{v'}{r} \vec{L} \cdot \vec{S} = \frac{Ze^2}{2m^2c^2(4\pi\epsilon_0)} \frac{1}{r^3} \vec{L} \cdot \vec{S}$$

"spin-orbit coupling"

$$E_{\text{spin-orbit}} = \frac{1}{2m^2c^2} \frac{Ze^2}{4\pi\epsilon_0} \left\langle \frac{1}{r^3} \right\rangle \langle \vec{L} \cdot \vec{S} \rangle$$

$$\frac{\hbar^2}{2} \begin{cases} l & \text{for } j = l + \frac{1}{2} \\ -(l+1) & \text{for } j = l - \frac{1}{2} \end{cases}$$

$$\Rightarrow \Delta \langle \vec{L} \cdot \vec{S} \rangle = \hbar^2 \left( l + \frac{1}{2} \right) \quad (\text{for } s = \pm \frac{1}{2})$$

$$\frac{1}{l(l+\frac{1}{2})(l+1)} \frac{Z^3}{(na_0)^3}$$

$$E_{\text{spin-orbit}} = \frac{\hbar^2}{4m^2c^2} \frac{e^2}{4\pi\epsilon_0} \frac{1}{l(l+1)} \frac{Z^3}{(na_0)^3} = \frac{(Z\alpha)^2}{n^3 l(l+1)} E_n$$

$$\Rightarrow E_{nj} = E_n \left( 1 - \frac{(Z\alpha)^2}{2n^2} - \frac{(Z\alpha)^4}{2n^4} \left( \frac{n}{j+\frac{1}{2}} - \frac{3}{4} \right) \right) \quad \text{sorted by orders of } \alpha$$

"relativistic corrections"

"fine structure"

f) Lamb shift

$$\text{Dirac} \Rightarrow ({}^2S_{1/2}, {}^2P_{1/2}), ({}^2P_{3/2}, {}^2D_{3/2}), ({}^2D_{5/2}, {}^2F_{5/2}) \dots$$

pairs are all degenerate!

But: measurement of Lamb, Retherford (1947)

$$\Delta_L = E({}^2S_{1/2}) - E({}^2P_{1/2}) \approx 1058 \text{ MHz} \cdot \hbar$$

"Lamb shift"

Reason: interaction of atom with vacuum fluctuations of electromagnetic field.

$$\langle E \rangle = 0 \quad \langle E^2 \rangle \neq 0$$

- Brief derivation

$$\begin{aligned} \Delta V &= V(\vec{r} + \delta\vec{r}) - V(\vec{r}) = \\ &= \delta\vec{r} \cdot \vec{\nabla} V + \frac{1}{2} (\delta\vec{r} \cdot \vec{\nabla})^2 V + \dots \end{aligned}$$

for isotropic fluctuations:

$$\langle \vec{\delta r} \rangle_{\text{mc}} = 0$$

$$\langle (\vec{\delta r} \cdot \vec{\nabla})^2 \rangle = \frac{1}{3} \langle (\vec{\delta r})^2 \rangle \nabla^2$$

$$\langle \Delta V \rangle = \frac{1}{6} \underbrace{\langle \delta r^2 \rangle}_{\text{①}} \underbrace{\left\langle \nabla^2 \frac{-e}{4\pi\epsilon_0 r} \right\rangle}_{\text{②}} \text{atom}$$

$$\text{① } m \ddot{\delta r} = -e \vec{E}_k \quad \hookrightarrow \text{veigt}$$

$$\text{relevant } \gamma > \frac{\pi c}{a_B} \quad (\text{for } a_B = a_0)$$

$$\delta r \cdot \delta k \geq \hbar/2$$

(← min freq. of  $e^-$ )

$$\text{max } \gamma: \gamma_{\text{compl.}} = \frac{mc^2}{\hbar}$$

$$\Rightarrow \vec{\delta r} = \frac{e}{mc^2 k^2} \vec{E}_k (a_k e^{-i\omega t + i\vec{k} \cdot \vec{\delta r}} + \text{cc})$$

$$\downarrow 1.1$$

$$\sqrt{\frac{\hbar c k}{2\epsilon_0 \Omega_q}}$$

$\Omega_q$ : quantization volume

$$\Rightarrow \delta r^2 = \sum_k \left( \frac{e}{mc^2 k^2} \right)^2 \frac{\hbar c k}{2\epsilon_0 \Omega_q} \approx \left| \sum_k \rightarrow \frac{\Omega_q}{(2\pi)^3} \int d^3k \right.$$

$$= 2 \frac{\Omega_q}{(2\pi)^3} 4\pi \int k^2 dk \left( \frac{e}{mc^2 k^2} \right)^2 \frac{\hbar c k}{2\epsilon_0 \Omega_q} =$$

$$= \frac{1}{2\epsilon_0 \pi^2} \frac{e^2}{\hbar c} \left( \frac{\hbar}{mc} \right)^2 \int dk \frac{1}{k}$$

?  
limits?

$$\gamma_{\text{min}} = \frac{\pi c}{a_B}, \quad \gamma_{\text{max}} = \frac{mc^2}{\hbar}$$

$$\Rightarrow \langle (\vec{\delta r})^2 \rangle_{\text{mc}} \approx \frac{1}{2\epsilon_0 \pi^2} \frac{e^2}{\hbar c} \left( \frac{\hbar}{mc} \right)^2 \text{ or } \frac{4\epsilon_0 \hbar c}{e^2}$$

$$\textcircled{2} = \Delta - \frac{e^2}{4\pi\epsilon_0} (-4\pi) \langle \delta(\vec{r}) \rangle_{\text{atom}}$$

$$= \begin{cases} \frac{e^2}{\epsilon_0} |4(0)|^2 & \text{for } l=0 \\ 0 & \text{for } l>0 \end{cases}$$

$$|4_{2s}(0)|^2 = \frac{1}{8\pi a_0^3}$$

$$\langle \Delta V \rangle_{2s} = \frac{1}{6} \frac{e^2}{\epsilon_0} \frac{1}{8\pi a_0^3} \frac{1}{2\pi^2 \epsilon_0} \frac{e^2}{\hbar c} \left( \frac{\hbar}{mc} \right)^2 \ln \frac{4\epsilon_0 \hbar c}{e^2}$$

$$= \alpha^5 mc^2 \frac{1}{6\pi} \ln \frac{1}{\pi\alpha} \approx 1 \text{ GHz}$$