

=> selection rules:

$$\langle \alpha | \hat{A} | \beta \rangle \neq 0$$

"allowed"
(transition from $|\beta\rangle$ to $|\alpha\rangle$ using operator \hat{A})

$$= 0$$

"forbidden"

coupling / interaction operator, e.g. $e\vec{r}$.

parity selection rules:

$$\hat{\pi} |\alpha\rangle = p_\alpha |\alpha\rangle, \quad \hat{\pi} |\beta\rangle = p_\beta |\beta\rangle \quad p_\alpha, p_\beta = \pm 1$$

$$\langle \beta | \hat{r} | \alpha \rangle = \langle \beta | \underbrace{\hat{\pi}^\dagger}_{\langle \beta | p_\beta} \underbrace{\hat{\pi}}_{-\hat{r}} \underbrace{\hat{r}}_{p_\alpha} \hat{\pi}^\dagger | \alpha \rangle = -p_\alpha p_\beta \langle \beta | \hat{r} | \alpha \rangle$$

=> "allowed" only for $p_\alpha = -p_\beta$

(same for any odd coupling operator)

even coupling operator: "allowed" for $p_\alpha = p_\beta$

$$[H_0, \hat{\pi}] = 0$$

$$H_0 \propto \vec{p}^2, \frac{1}{r}, \frac{1}{r^2} \text{ (even)}$$

=> eigenfunctions of (undisturbed) atomic

Hamiltonian all odd or even? (as a basis)

Same if magnetic field is present: \vec{J} even,
 \vec{J} even

(ii) Static DC field

Perturbation theory:

- non-degenerate energy levels: $\vec{E} = E \hat{z}$

$$\Delta E_n^{(1)} = eE \langle n | \hat{z} | n \rangle = 0 \quad (H|n\rangle = E_n|n\rangle)$$

$$\Delta E_n^{(2)} = (eE)^2 \sum_{m \neq n} \frac{|\langle m | \hat{z} | n \rangle|^2}{E_n - E_m} \quad (\neq 0 \text{ in general})$$

$\propto E^2 \Rightarrow$ "quadratic Stark effect"

$$|\tilde{n}'\rangle = |n\rangle + eE \sum_{m \neq n} \frac{|\langle m | \hat{z} | n \rangle|^2}{E_n - E_m} |m\rangle$$

$\Rightarrow |n'\rangle$ not eigensatz of $\hat{\pi}$ ∇

N electrons: $\hat{z} \rightarrow \sum_{i=1}^N \hat{z}_i$ (same)

- polarizability α_d :

$$\vec{d} = -e \langle n' | \hat{z} | n' \rangle =$$

$$= 2e^2 \sum_{m \neq n} \frac{|\langle m | \hat{z} | n \rangle|^2}{E_n - E_m} E + O(E^2)$$

$$\equiv \alpha_d \vec{E}$$

\Rightarrow quadratic Stark effect:

$$\Delta E_n^{(2)} = -\frac{\alpha_d}{2} E^2$$

- Degenerate energy levels

$\Delta E_n^{(1)} \neq 0$ in general:

Example: $n=2$:

$$H \propto \begin{pmatrix} E_1 & 0 & 0 & eE \langle z \rangle_{14} & 0 \\ 0 & E_2 & 0 & 0 & 0 \\ 0 & 0 & E_2 & 0 & 0 \\ 2E \langle z \rangle_{41} & 0 & 0 & E_2 & eE \langle z \rangle_{45} \\ 0 & 0 & 0 & eE \langle z \rangle_{54} & E_2 \end{pmatrix} \begin{matrix} |100\rangle \\ |211\rangle \\ |21-1\rangle \\ |210\rangle \\ |200\rangle \end{matrix} \quad \begin{matrix} \textcircled{1} \\ \textcircled{2} \\ \textcircled{3} \\ \textcircled{4} \\ \textcircled{5} \end{matrix}$$

all "0" b/w sum $\neq 0$, or $\ell=0$

diagonalize...

Ex: $\frac{1}{\sqrt{2}} (|210\rangle \pm |200\rangle)$ - eigenstate
with $E_2 \pm cE\langle z \rangle$

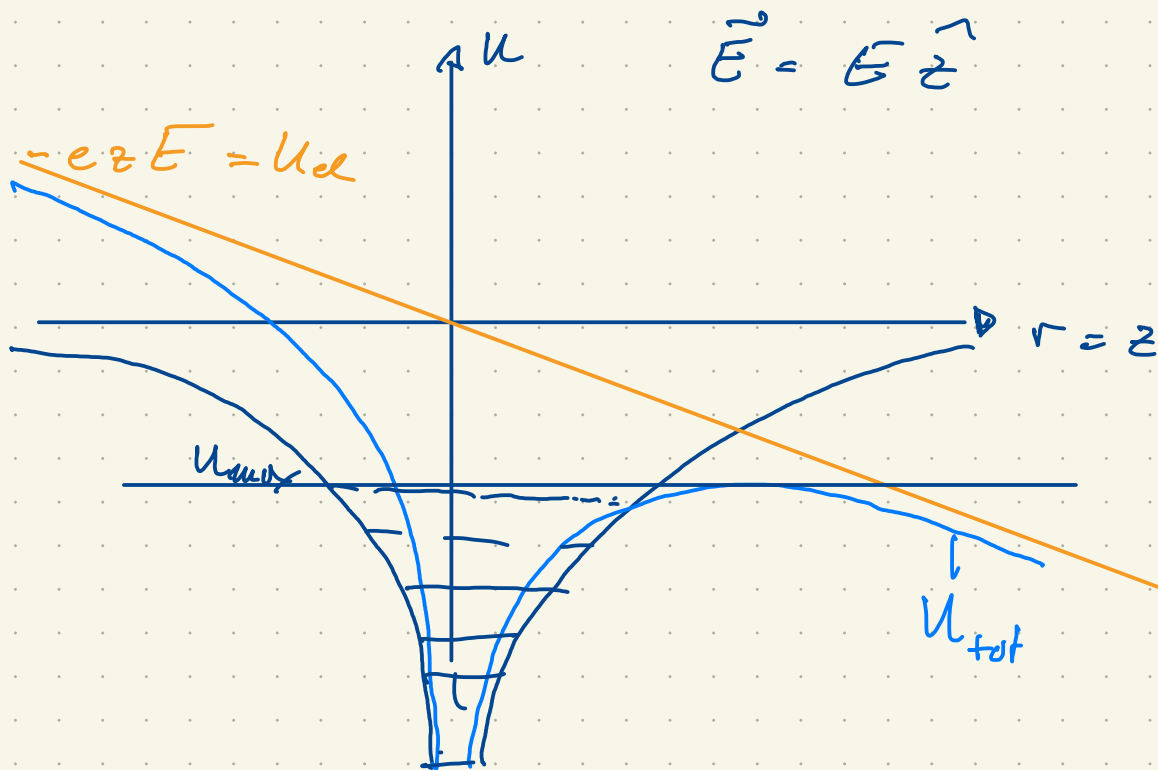
$$w\langle z \rangle = |\langle 210 | \hat{z} | 200 \rangle|$$

linear in E !

\Rightarrow linear Stark effect
(see effect H. Friedrich)

Caveat: calculation changes if $\vec{E} \parallel$ quantization axis

(iii) Strong fields: Fidel ionization



$$U_{\text{tot}} = U_{\text{Coulomb}} + U_d = -\frac{z \tilde{e}^2}{|z|} - e E z$$

$$\Rightarrow U_{\text{max}} \text{ for } z = \sqrt{\frac{z e}{4\pi \epsilon_0 E}}$$

$$\text{for } \langle H \rangle = U_{\text{max}}$$

$$E_{\text{ion}} = \frac{\langle H \rangle^2}{4 \tilde{e}^2 z} \approx \frac{3.2 \cdot 10^8}{2 n^{*4}} \frac{\text{V}}{\text{cm}}$$

$$(n^* = n - \delta_{nl})$$

Here: H atomic Hamiltonian

field needed for ionization

This estimate is correct to $\sim 20\%$
neglected: - effect of \vec{E} on H

- tunneling --- strong

(iv) Oscillating electric field

assume case where $H' = -d E \hat{z} \cos \nu t$, but where
 $\hbar \nu$ is potentially very far away from any
transition resonance (\Rightarrow no transition necessarily)

assume multiple (≥ 2) states: $| \psi \rangle = \sum_n a_n e^{-i \omega_n t} | u \rangle$

$$\dot{a}_k = \frac{1}{i \hbar} \sum_n \langle k | H' | u \rangle a_n e^{i \omega_{kn} t}$$

\Rightarrow solve for $\vec{d} = \langle \psi | e \vec{r} | \psi \rangle$

(similar calc. as for classical dipole in chapter 1)

$\Rightarrow d(\nu, t) = \alpha(\nu) E \cos \nu t$ with

$$\alpha(\nu) = \frac{2e^2}{\hbar} \sum_k \frac{\omega_{kg} |\langle k | \hat{r} | g \rangle|^2}{\omega_{kg}^2 - \nu^2}$$

AC polarizability

6) Atoms in electromagnetic fields

a) Spontaneous & stimulated emission

1917 Einstein: 2 questions

1) How do internal states get into thermal equilibrium?

=> concept of spontaneous emission

2) How do motional states of atoms get into thermal equilibrium?

=> concept of photon recoil

1) =>

$N = N_e + N_g$ two-level atoms
(total # of electrons)

$$E_e - E_g = \hbar \omega$$

Planck radiation law: $\bar{n}_{ph} = \frac{1}{e^{\frac{\hbar \omega}{kT}} - 1}$

(average # of photons of freq. ω)

$$\textcircled{x} \quad S_E(\omega) d\omega = \frac{\hbar \omega^3}{\pi^2 c^3} \frac{1}{e^{\frac{\hbar \omega}{kT}} - 1} d\omega$$

field density of states

$$\textcircled{x} \quad \frac{N_e}{N_g} = \frac{g_e}{g_g} e^{-\frac{\hbar \omega}{kT}} \quad \text{Boltzmann}$$

↑
degeneracies

$$0 \stackrel{\text{equil.}}{=} \dot{N}_e - \dot{N}_g = -S_E(\omega) B_{eg} N_e + S_E(\omega) B_{ge} N_g - A_{eg} N_e$$

=> \downarrow
 $\omega/\omega, \textcircled{x}$

B_{eg}, B_{ge} should not depend on T !

solve...

$A_{eg} (A_{e+g})$ "spontaneous emission"

$$\Rightarrow \begin{aligned} g_e B_{eg} &= g_g B_{ge} \\ \frac{\hbar \omega^3}{\pi^2 c^3} B_{eg} &= A_{eg} \\ S_E(\omega) B_{eg} &= \bar{n}_{ph} A_{eg} \end{aligned}$$

→ emission: $B_{eg} S_E(\omega) + A_{eg} = (\bar{n}_{ph} + 1) A_{eg}$

absorption $B_{ge} S_E(\omega) = \frac{g_e}{g_g} \bar{n}_{ph} A_{eg}$

$$\frac{\text{absorption}}{\text{emission}} = \frac{\bar{n}_{ph}}{\bar{n}_{ph} + 1} \quad (\text{for } g_e = g_g)$$

"Einstein A- and B-coefficients".

b) Quantum theory of absorption & emission

- single-mode quantized field

$$\hat{E} = -i g \left(\hat{a} \hat{e} e^{i(\vec{k} \cdot \vec{r} - \omega t)} + \text{h.c.} \right)$$

↑
annihilation op.

↑
polarization dir. of \vec{E}

$$H_{\text{field}} \stackrel{\text{single freq}}{=} \hbar \omega \left(a^\dagger a + \frac{1}{2} \right)$$

$$\Rightarrow \langle H_{\text{field, vac.}} \rangle = \frac{1}{2} \hbar \omega = \epsilon_0 \vec{E}^2 V$$

$$\Rightarrow g = \sqrt{\frac{\hbar \omega}{2 \epsilon_0 V}}$$

↑
volume
(average energy density
in vacuum in a
volume V)

- interaction w/ atoms:

$$\begin{aligned} U &= -\vec{d} \cdot \vec{E} \\ &= -ie g \vec{r} \cdot \hat{a} \hat{e} e^{-i\omega t} + \text{h.c.} \end{aligned}$$

- interaction w/ atom:

$$U = -\vec{d} \cdot \vec{E} \\ = -ie g \vec{r} \cdot \hat{e} e^{-i\omega t} + h.c.$$

g : "vacuum Rabi frequency"

where "dipole approximation" is assumed

$$e^{i\vec{k} \cdot \vec{r}} \approx 1 \quad (\text{because } \vec{r} \ll \frac{1}{k})$$

here: $|n\rangle$ eigenstate H_{field}

$$a|n\rangle = \sqrt{n}|n-1\rangle, \quad a^\dagger|n\rangle = \sqrt{n+1}|n+1\rangle$$

final total state $|f\rangle = |b, n'\rangle$

initial state $|i\rangle = |a, n\rangle$ $|a\rangle, |b\rangle$
atomic levels

$$\begin{aligned} \langle f|U|i\rangle &= \langle \hat{e} | \hat{z} \rangle \\ &= -ie \langle \tilde{b} | \hat{z} | \tilde{a} \rangle g \langle n' | a e^{-i\omega t} - a^\dagger e^{i\omega t} | n \rangle e^{i\omega t} \\ &= -ie \langle \tilde{b} | \hat{z} | \tilde{a} \rangle g \left(\sqrt{n} \delta_{n', n-1} e^{-i(\omega - \omega_{ba})t} - \sqrt{n+1} \delta_{n', n+1} e^{-i(\omega + \omega_{ba})t} \right) \end{aligned}$$

where the atomic states $|\tilde{a}\rangle, |\tilde{b}\rangle$ are depicted now in the rotating frame.

example: absorption: $\omega_{ba} = \omega$ ($|b\rangle = |c\rangle$, $|a\rangle = |g\rangle$)
 $\Rightarrow n' = n - 1$

emission: $\omega_{ba} = \omega$, $|b\rangle = |g\rangle$
 $n' = n + 1$

$$P = |\langle f|U|i\rangle|^2$$

$$\Rightarrow \frac{P_{\text{abs}}}{P_{\text{em}}} = \frac{n}{n+1}$$



c) Oscillator strength

Define dimensionless quantity?

defining how strong field & atoms couple:

$$f_{kj} = \frac{2m_e}{\hbar} \omega_{kj} |\langle k | z | j \rangle|^2 \quad (\text{for } z\text{-polarization})$$

"oscillator strength"

$$d_g = \sum_k f_{kj} \frac{e^2}{m(\omega_{kj}^2 - \nu^2)} E \cos \nu t$$

dipole moment of atom in oscillating field

\Rightarrow behavior of an atom in oscillating field mimics classical oscillating dipole with same but with having effective charge

$$q_e^2 = f_{kj} e^2$$

$$\sum_k f_{kj} = Z \quad (\# \text{ of } e^- \text{ in state } |j\rangle)$$

($3Z$ for all 3 polarizations together)